



Beech Academy
Turning 'I can't' into 'I can'

PSHE

*Preparing today for
a better tomorrow*

Personal Development • Wellbeing • Relationships • Respect
Relevant knowledge and skills for life



CURRICULUM INTENT

Our PSHE curriculum is a spiral, sequenced programme (Y7–Y11) that equips students with the knowledge, skills and attributes needed to:

- ✓ Stay safe and healthy
- ✓ Build positive relationships
- ✓ Make informed decisions
- ✓ Become active, responsible citizens



Fully aligned with statutory RSHE guidance



Mapped explicitly to British Values (DM, RL, IML, MR, TR)



Responsive to student need, safeguarding priorities and context



CURRICULUM IMPLEMENTATION

Delivered through 6 structured units per year, each containing 6 lessons. Each lesson includes:



Clear Learning Objective (with BV mapping)



Retrieval practice to build long-term memory



Explicit teaching + application tasks



3 success criteria (Identify → Explain → Apply)

Teaching focuses on:

- ✓ Discussion-based learning
- ✓ Real-life scenarios
- ✓ Development of decision-making and risk management skills



CURRICULUM IMPACT

Increased ability to:

- ✓ Manage risk and personal safety
- ✓ Form healthy relationships
- ✓ Make informed life and career decisions

Clear progression from:

- ➔ Knowledge recall (KS3) → Application and evaluation (KS4)

Impact evidenced through:

- 📊 Assessment data
- 🗣️ Student voice
- 🔍 Lesson observations
- 🛡️ Safeguarding awareness

What will our students learn next academic year?



6 units across the year

N1	The Beech Way: Managing change and transition	Making friends: playing and learning together	Celebrating me, you and our families	Safety at home	Being healthy	Showing kindness to ourselves and others
N2	Mental health and Wellbeing	Keeping safe online	Me, my body and staying safe	Money and work	Keeping safe outside the home	Making choices online
N3	Mental health and Wellbeing	Exploring ways to manage risk	Forming respectful relationships	Money matters and news literacy	Me, my body and growing up	Families and growing together
W1	Friendships, stereotypes and bullying	Mental health and Wellbeing	Positively engaging with our world	Respecting boundaries	Safe connections online	Embedding healthy habits and learning first aid together
W2	Mental health and Wellbeing	Managing money and online spending	Changes in puberty (and sex education)	Drug education; assessing risk and managing influences	Developing our AI literacy	Careers and future choices
P16	- Independence, health choices and wellbeing - Lifelong wellbeing	- Navigating the online world - Drugs and personal safety	- Friendship, diversity and extremism - Safe relationships and sexual health	- Managing influence - Families, fertility and pregnancy	- Exploring consent and abuse - Online financial harms	Study work and careers



We work in partnership with parents and carers to support our students to thrive – at school, at home and in the wider community.



BE KIND • BE SAFE • BE YOU