



PSHE

*Preparing today for
a better tomorrow*

Personal Development • Wellbeing • Relationships • Respect
Relevant knowledge and skills for life



CURRICULUM INTENT

Our PSHE curriculum is a spiral, sequenced programme (Y7–Y11) that equips students with the knowledge, skills and attributes needed to:

- ✓ Stay safe and healthy
- ✓ Build positive relationships
- ✓ Make informed decisions
- ✓ Become active, responsible citizens



Fully aligned with statutory RSHE guidance



Mapped explicitly to British Values (DM, RL, IML, MR, TR)



Responsive to student need, safeguarding priorities and context



CURRICULUM IMPLEMENTATION

Delivered through 6 structured units per year, each containing 6 lessons. Each lesson includes:



Clear Learning Objective (with BV mapping)



Retrieval practice to build long-term memory



Explicit teaching + application tasks



3 success criteria (Identify → Explain → Apply)

Teaching focuses on:

- ✓ Discussion-based learning
- ✓ Real-life scenarios
- ✓ Development of decision-making and risk management skills



CURRICULUM IMPACT

Increased ability to:

- ✓ Manage risk and personal safety
- ✓ Form healthy relationships
- ✓ Make informed life and career decisions

Clear progression from:

- ➔ Knowledge recall (KS3) → Application and evaluation (KS4)

Impact evidenced through:

- Assessment data
- Student voice
- Lesson observations
- Safeguarding awareness

What will our students learn next academic year?



6 units across the year

Year 7	The Beech Way: managing change and transition	Friendship and Bullying	Families and changing relationships	Puberty and keeping safe	Influences on relationships	Financial decisions
Year 8	Health and wellbeing	Personal safety and managing risk	Belonging and community	The online world	Healthy and unhealthy relationships	Managing money
Year 9	Mental health and wellbeing	Careers and future choices	Drug education	Managing risks in relation to the law	Intimate sexual relationships	Navigating online harms
Year 10	Independence, health choices and wellbeing	Navigating the online world	Friendship, diversity and challenging extremism	Managing influence	Exploring consent and recognizing abuse	Study, work and careers
Year 11	Lifelong wellbeing	Drugs and personal safety	Safe relationships and sexual health	Families, fertility and pregnancy	Preparation for adulthood and exams	Online financial harms
P-16	- Mental health and Wellbeing - Independence	- Readiness for work and the place of work - Next Steps	- Diversity and Inclusion - Intimacy	- Planning for the future - Financial Choices	- Respectful relationships - Maintaining relationships	Healthy choices and safety



We work in partnership with parents and carers to support our students to thrive – at school, at home and in the wider community.



BE KIND • BE SAFE • BE YOU